

The School Counselors provide counseling, consultation and coordination services. We work closely with students to provide support in many areas including academic, career, personal and emotional concerns. The School Counselors provide services through the following methods:

Individual Counseling

1:1 counseling with students
Academic progress & Career planning
Decision making & problem solving skills
Crisis intervention

Small Group Counseling

Small group counseling in the areas of grief and loss, decision making, anxiety and organizational skills.

Classroom Guidance Lessons

Counselors visit classrooms to discuss career and academic topics as well as conflict resolution and study skills.

***Confidentiality:**

What is told by a student to the school counselor will remain confidential unless: Someone is harming the student, the student is harming themselves or someone else, or we are given permission to share the information.