GCJHS 2020 Fall Sports

General Information

- Prior to participating in any athletic activities, prospective athletes must acquire a "Practice Pass" from the GCJHS office. To be issued a practice pass, the athlete must:
 - Have a current IHSAA Athletic Physical on file in the school office. The Indiana High School Athletic Association is allowing athletic physicals from the 2019-20 school year to be counted for the 2020-21 school year. To meet the requirement, the physical must meet these guidelines:
 - Be completed on the IHSAA physical form and dated on/after April 1, 2019
 - Families who choose to re-use their 2019-20 athletic physical must submit a paper copy of the <u>2020-2021 IHSAA Health History Update</u> <u>Questionaire and Consent/Release Certificate</u> to the GCJHS office prior to participating in any athletic activities.
 - The GCJHS office will be open 8am-4pm starting on July 16
 - Any student who did NOT complete an athletic physical during the 2019-20 school year will need to submit a new <u>IHSAA Athletic Physical</u>. The physical must be submitted to the GCJHS office (not a copy, fax, or email of the form) along with page 1 of the <u>2020-2021 IHSAA Health History Update Questionaire and Consent/Release Certificate</u>

First official practices/Fall sports contact information

- Boys'/Girls' Cross Country -- Michael Foster (<u>mfoster@gcsc.k12.in.us</u>)
 - o Call-out meeting/first practice is Monday, August 3 until 5:00pm
 - o You may start practicing any day August 3-August 7
 - o Flyers posted around school and available in Student Services
- Boys/Girls' Tennis -- Sarah Hale (<u>shale@gcsc.k12.in.us</u>)
 - o Call-out meeting Tuesday, August 4 until 4:15pm in B147
 - o Practices begin August 5 and last until 5:00
 - o Flyers available in Student Services or in B147
- Boys'/Girls' Soccer -- Spencer Fleming (Boys' Coach <u>sfleming@gcsc.k12.in.us</u>) / Cathy Best (Girls' Coach - <u>cbest@gcsc.k12.in.us</u>)
 - o Try-outs for both teams are Monday, August 3-Wednesday, August 5 from 3:30-5:15pm. Meet in the hallway near the gym
- Football -- Jason Gardner (7th grade jasongardn1@aol.com) / Blake Freeman (8th grade bfreeman4211@yahoo.com)
 - o Both teams should meet in the gym after school today to get lockers and equipment
 - o If you can't stay after school today, plan to stay for practice on August 3.
- Volleyball -- Allie Underwood (7th grade -- <u>allieunderwood@hotmail.com</u>) / Clara Walt (8th grade - <u>clarawalt3@gmail.com</u>)
 - o Try-outs for both teams will be August 3 & August 4 from 3:45-5:45pm in the gym
 - o Flyers available in Student Services