

2021-2022 GCJHS Cheerleading Information



Contact Information: Coach Hannah Didelot, GCJH 7th grade geography teacher

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Coach Mackenznie Bush, GCJH Special Needs Instructional Assistant

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Are you interested in being a GCJH cheerleader for the 2021-2022 school year? If you would like to receive cheerleading updates from now until tryouts please fill out this [form](#).

All of the following information is subject to change due to covid-19.

Important Dates:

- Virtual Parent/Callout Meeting: Wednesday March 31, 2021
 - 6-7 PM meet.google.com/ajh-snsn-wps
- Open gym days; Tuesday April 27, 2021 and Thursday April 29, 2021 (@GCJH Auxiliary Gym)
 - 5-7 PM
- Tryouts will be May 5, 2021 (@GCJH Auxiliary Gym)
 - 5-7 PM

What you will need to try out:

1. All candidates must have a physical on file for the current school year
 - Note: If you get a physical on/after April 1st, it will be valid for the whole 21-22 school year
 - Must have physical for open gyms as well
2. Fill out this cheerleader candidate form by **Friday April 23rd**: Click [here](#)
 - (This will officially notify the coach that you will be trying out)
3. Have 3 teachers fill out this candidate recommendation form by emailing them this [link](#)
4. Skills:
 - Note: you can use these videos to learn and practice on your own prior to open gyms in April)
 - **Stunting**
 - You will need to show at least one position (base, back, flyer)
 - **Learn the GC fight song**
 - Front Video [here](#)
 - Back view w/ instructions video [here](#)
 - **Learn the tryout cheer**
 - Video with instructions click [here](#)
 - **Have any tumbling ready to show off!**
 - Scoresheet: Click [here](#)
 - **Have jumps ready to show off!**
 - Toe Touch
 - Video: click [here](#)
 - Right OR Left hurdler
 - Right Video: click [here](#)
 - Left, same as right, just switch legs and angle left instead of right.
 - Pike
 - Video: click [here](#)

Attire for tryout –

Shorts, athletic shoes, plain white or gray shirt. The shirt should NOT have any reference to cheerleading, but can have other words on it. Candidates should wear hair up and pinned out of the face (not needing readjusted or fixed during tryouts)

Other Links:

Cheer Info Packet and Contract: Click [here](#)

Tentative Calendar: Click [here](#)

