

Greenfield Central Jr. High Track/Field Information

- Meets are held at Greenfield Central Jr. High -- 1440 N. Franklin St. in Greenfield
 - Track is located on the West side of the building
- Masks are required at all times on the GCJH campus, except when engaged in physical activity
- Admission is \$5 per car (regardless of how many people in car)
- Limited concessions are available.
- Restrooms are available at the concession stand building.
- The bleachers will be the primary seating area. With social distancing, the total capacity in the bleachers is 200 people. Gold tape has been placed across the bleachers every 6 feet (side to side). This designates an area where 2 spectators can sit. Each family group should be 6 feet away from the next family group in all directions. Handicap accessible seating is available on the first row of bleachers. Additional seating is marked with gold tape along the fence line at the north and south ends of the bleachers. To plan ahead, families may want to bring a lawn chair if they end up needing to sit in the overflow areas. In these areas, no spectators should sit/stand on the sidewalk.
 - Spectators are not allowed inside the fence surrounding the track.
- Shot Put/Discus areas are located to the south of the track. At these events, spectators should also maintain social distancing.
- Each athlete should have his own individual water bottle.
- A line will be painted across the infield area to keep teams separate during the event as much as possible. Please have coaches work with athletes to maintain separation between teams.
- Following each race, athletes should NOT congregate at the finish line. Only athletes participating in a race should be at the finish line.
- Social distancing should be maintained at the start line while waiting for races. Only athletes participating in a race should be at the start line.

GCJH Athletic Director -- Jeff Sincroft
GCJH Girls' Track Coach -- Samantha Gable
GCJH Boys' Track Coach -- Michael Foster

Detailed meet information below

Meet Logistics

Greenfield Central Junior High has an 8 lane track permitting 1/8th spikes only. Field events will start approximately 15 minutes after visiting teams arrive. Running events will begin at the stated start time for the meet unless the visiting team arrives late, at which point they will be given 15 minutes from their arrival time to warm-up.

Throwing events -- an 8lb shot put and 1kilo discus will be used.

GCJHS has starting blocks that visiting teams may use but we *recommend* bringing your own. At the finish line of running races, participants should **stay in their lanes and walk back to the finish line**. All athletes should stay CLEAR of the start and finish lines throughout the meet.

Concessions and restrooms are located on the northeast side of the track in the building.

Dual Meets: Each school may enter (6) contestants per field event. An unlimited number of participants may run in the 800, 1600. (4) participants may run in all other events. You may enter (4) relay teams in each relay. Only designated first team will count in the team score.

Scoring: 5-3-1 Relays: 5

Tri Meets: (4) participants will be allowed in each field event. An unlimited number may participate in the 800, 1600. (2) participants may compete in all other running events. You may enter (2) teams in each relay. Only designated first team will count in the team score.

Scoring 5-3-2-1 Relays: 5-3

Quad Meet: (4) participants will be allowed in each field event (possibly one or two extra for JV meet). An unlimited number may participate in the 1600, and 800. (2) participants may compete in all other running events. You may enter (2) teams in each relay. Only designated first team will count in the team score. *Scoring 6-4-3-2-1 Relays: 6-4-2*

Exhibition/ JV Races: Hurdles, 100m and 200m exhibition races will be run after each Var./scoring race (possible heats in 400).

Long Jump (girls first)	High Jump (boys first)
Shot put (girls first) *8lb shot	Discus (boys first) 1kilo disc
110 Hurdles/100 Hurdles	
100 Dash	
1,600	
4x100 Relay	
400	
800	
200 Dash	
4x400 Relay	